



American Legion - Post 196
25 Merwin Ave, Milford CT 06460
www.milfordcvets.org
Facebook: [Legion](#), [Aux](#), [Riders](#)

Commander's Corner – February 2023



“Be the One” This is the message from our National American Legion Commander. It addresses the Veterans Suicide rate which has climbed to 22 losses per day. If you know of someone in crisis, please reach out to them. The new Suicide hotline is “988”. Remember, this could be the buddy you had in boot camp. It is up to all of us to reach out and check on a buddy.

Post 196 Officers attended the Connecticut Mid-Winter Conference in Trumbull on January 27th. There was training available and networking with other Legion Post officers.

Please visit our website milfordcvets.org. There you will find current information on calendar events, kitchen news, photo gallery, veteran services and links to other social media to which we contribute. Let us know if there is something you would like to see on our website and we will try to include it.

We met our membership goal of 100% for 2022. Thanks to everyone who has renewed your membership. If you have not renewed your membership, you are delinquent- please get caught up. We have consistently welcomed 6-8 new members into the Post every month. Our Legion

membership is getting very close to 500 members. Let's continue to grow.

Once again thank you for allowing me the opportunity to lead this post as Commander.

Tom Jackson Commander East Shore American Legion Post 196.

Commander@milfordcvets.org

Important Dates:

Annual Picnic will take place 9/9/2023
Annual Golf Tournament 5/8/2023

New Members/Swearing In

Any members who have not yet been sworn in, please join us at our next meeting on 2/21 at 7:00pm.

Membership Info:

If you haven't already done so, please submit your 2023 dues, you are at risk of missing the year for membership credit. Below are the payment options.

- Mail a check to the post
- Drop off a payment (be sure the envelope has your name and contact info on it)
- Online at www.legion.org – and choose the option to “renew”

FYI, 2024 dues will be accepted starting July of 2023.

Polar Plunge:

Please join us at our 3rd Annual Polar Plunge taking place 2/25. Please check our FB page and website for additional details.

Unit 196 Auxiliary

The Auxiliary is busy planning for upcoming events and initiatives.

Welcome to all our new members and a reminder to get your renewals in as soon as possible. If you are experiencing financial hardship and need help with your dues, please reach out.

We will be collecting children’s pajamas for the Connecticut Children’s Hospital, watch for the drop box in the lounge. These need to be new pajamas and not used.

We have our Mardi Gras Party coming up on February 18. Space is limited so please get your tickets! They are available at the Post and table reservations are being accepted.

We also have our St. Patrick raffle basket active right now. As many of you know, this basket contains anything you might need to host a St. Pat’s party. We are accepting donations for the basket and tickets are on sale or \$5 each.

Our famous Brunch will be held on April 23; more details to follow.

We have been in touch with our Milford schools for Scholarships and Girls State, which will be held this year, June 24-29 at UNH. For further information visit: www.alalgs.org.

Our meetings are the 2nd Tuesday of each month, September through June. Thank you all for your great support, we appreciate you all!



New Year's Resolutions!

Well, we are more than a month into the new year and by now many New Year’s resolutions are but a distant memory. Ah, yes! My own resolution was to control my temper in traffic when surrounded by an endless horde of mindless idiots who somehow acquired a driver’s license, enabling them to try their best to shorten my stay on this earth with an endless variety of completely idiotic maneuvers that will boggle the mind of any normal life-loving citizen. (I make lengthy resolutions!)

Today I was waiting patiently for my turn at a four way stop sign. When I started across the intersection the car on my right (the last car at the intersection) blew off the stop sign and flew through, almost taking my car’s front end in the process. Losing control, I laid on the horn and then screamed at the driver, something about family inbreeding as the cause of such stupidity. Yes! I failed! I scared my wife half to death with my out-of-control nonsense.

But I'm not going to give up. I think it's too easy to find excuses to give up on our resolutions. I believe we must take responsibility for them. The world will always have idiot drivers, and we can always find excuses for not following through. So, I'm not going to give up. No more excuses. Keeping our resolutions will make us better in so many ways. Don't quit! Hang in there!

Have a great year...

*Your Chaplain
Lou Eden*

Valuable Links

Our Website	Milfordcivets.org
	Officers
	Veteran Solutions
	Events Calendar
Facebook	Legion Post 196
	Auxiliary
	Riders

Visit our [website](#) and our [Facebook](#) pages for all upcoming events. Remember that this is your post - please support and help this Post grow! The goal of Post 196 is to be here for our future generations of patriots. Thank you and God Bless America.

Monthly Meetings held at Post 196:
Legion: Third Tuesday: 7pm
Riders: First Wednesday: 7pm
Auxiliary: Second Tuesday: 7pm
S.A.L.: Fourth Tuesday: 7pm

Current Lounge Hours

Monday	2pm to 10pm
Tuesday	2pm to 10pm
Wednesday	2pm to 10pm
Thursday	2pm to 10pm
Friday	1pm to Midnight
Saturday	11am to Midnight
Sunday	11am to 10pm

Our Memorial/Honor/Legacy Wall at the American Legion Post 196 to honor and celebrate our heroes and loved ones is growing strong.



Click on the brick to visit our website for more information on this program. A great present for a loved one.

POST 196 UPCOMING EVENTS

- Friday 2/10 - Music by Take Two
- Sunday 2/12 - Super Bowl (Football pools, Food specials, Prizes and lots of fun)
- Saturday 2/18- Mardi Gras Party (Lots of Fun and Dancing)
- Sunday 2/19 - Daytona Nascar Party
- Saturday 2/25 Polar Plunge