



American Legion - Post 196  
25 Merwin Ave, Milford CT 06460  
[www.milfordctvets.org](http://www.milfordctvets.org)  
Facebook: [Legion](#), [Aux](#), [Riders](#)

## Commander's Corner – January 2023



I would like to wish everyone happy and healthy New Year. Please remember to conduct a buddy check, call another legionnaire, and inquire how they are doing and have a conversation with them.

The CT Legion is having a Mid-Winter Conference this January on the 27th and 28th at the Marriott in Trumbull Ct. Please let us know if you would like to attend. There will be training available on a variety of topics. We will share when the schedules are available. The Trumbull Marriott in Trumbull is the location and the times are 0800-1630.

Please remember that the new Hotline # for anyone in distress is 988. Make the call if you are feeling in distress. Also, if you know someone in mental distress reach out to them. "BE THE ONE" to save someone.

If you have not renewed your membership by the time you receive this, you are delinquent. You are current if your membership card reads 2023. We are making some changes in 2023 for the future of the post, and our veterans and their families.

Once again thank you for allowing me the opportunity to lead this post as Commander.

Tom Jackson Commander East Shore American Legion Post 196.  
[Commander@milfordctvets.org](mailto:Commander@milfordctvets.org)

### **Membership update:**

Great news - we have exceeded our target goal for membership for the year. Thanks to all members who turned in dues prior to 12/31/2022 and a special Thank you to Chad Rose and Norm Lansing for their help with additional communications on this effort.

### **Polar Plunge**

Date has been changed to 2/25/2023. Watch for additional communication with more details

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## Unit 196 Auxiliary

Unit 196 Auxiliary wishes all of you and yours an amazing 2023!

We are proud to announce we are at 100% membership! We are officially the envy of the Department!

Our Ugly Sweater party was a HUGE success. We had such creative costumes that it was a difficult decision for our panel of judges! It was a great time and the Auxiliary thanks you for all your support throughout the year.

Our January meeting will be Tuesday January 10 at 7pm. We will start making our event plans for 2023, including our famous Brunch and maybe even a Valentines party. Stay tuned....



## *The Constitution of the United States of America*

*Jurisdiction: [United States of America](#)*

*Created: September 17, 1787*

*Presented: September 28, 1787*

*Ratified: June 21, 1788*

*Constitutional presidential federal republic*

“We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed . . .”

We are America - incredibly strong, eternally hopeful. The United States of America is one of the greatest experiments in history, a history that is still being written. As Americans this is our experiment, this is who we are. We dare to dream! We dare to be! We dare! We are “one nation under God with liberty and justice for all.”

In this new year of 2023 may God bless and guide our beloved country and the American Legion.

Your Chaplain  
Lou Eden

**Valuable Links**

Our Website	<a href="http://Milfordcivets.org">Milfordcivets.org</a>
	<a href="#">Officers</a>
	<a href="#">Veteran Solutions</a>
	<a href="#">Events Calendar</a>
Facebook	<a href="#">Legion Post 196</a>
	<a href="#">Auxiliary</a>
	<a href="#">Riders</a>

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[Visit our website](#) and our [Facebook](#) pages for all upcoming events. Remember that this is your post - please support and help this Post grow! The goal of Post 196 is to be here for our future generations of patriots. Thank you and God Bless America.

<b>Monthly Meetings held at Post 196:</b>
<b>Legion:</b> Third Tuesday: 7pm
<b>Riders:</b> First Wednesday: 7pm
<b>Auxiliary:</b> Second Tuesday: 7pm
<b>S.A.L.:</b> Fourth Tuesday: 7pm

**Current Lounge Hours**

Monday	2pm to 10pm
Tuesday	2pm to 10pm
Wednesday	2pm to 10pm
Thursday	2pm to 10pm
Friday	1pm to Midnight
Saturday	11am to Midnight
Sunday	11am to 10pm

Our Memorial/Honor/Legacy Wall at the American Legion Post 196 to honor and celebrate our heroes and loved ones is growing strong.



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Click on the brick to visit our website for more information on this program. A great present for a loved one.

Proceeds benefit local veterans programs.

**POST 196 UPCOMING EVENT'S**

**Music in January**

6<sup>th</sup> Chris and Irene  
13<sup>th</sup> Take Two  
20<sup>th</sup> Steve Bettencourt

**Polar Plunge**

Date has been changed to 2/25/2023