



American Legion - Post 196
25 Merwin Ave, Milford CT 06460
www.milfordctvets.org
Facebook: [Legion](#), [Aux](#), [Riders](#)

Commander's Corner – July 2022



Summer is in full swing. Both decks and the beach have hosted quite a few members so far this year. The beach is cleaned by a machine every Friday during the summer season.

July 1 is when your 2023 dues are due and are collected all year. After 1/1/2023 they are delinquent please get them in early. Our membership is now at 503 Legion members, and we are looking at bringing fourteen new members in at the next meeting on 7/19 @ 7pm. Come to the meeting you will be pleasantly surprised at how we run the meeting. Small food available after the meeting.

We held our elections at the June meeting and all 2022 officers were re-elected for 2023. If you have an interest working on any of the committees give us a shout out.

Our kitchen is open on Friday 4-7, Saturday 12-5, and Sunday 12-5. We also have light music on Friday 5-7. More info on our Facebook page or at the Post. This your Post please enjoy it.

Thank you for the opportunity to serve all those who have served!

Tom Jackson Commander East Shore American Legion Post 196.

Commander@milfordctvets.org

Visit our [website](#) and our [Facebook](#) pages for all upcoming events. Remember that this is your post - please support and help this Post grow! The goal of Post 196 is to be here for our future generations of patriots. Thank you and God Bless America.

Monthly Meetings held at Post 196:
Legion: Third Tuesday: 7pm
Riders: First Wednesday: 7pm
Auxiliary: Second Tuesday: 7pm
S.A.L.: Fourth Tuesday: 7pm

2023 dues are now being accepted and there are a few options for payment:

- Mail a check to the post
- Drop off a payment (be sure the envelope has your name and contact info on it)
- Online at www.legion.org/renew

Annual Picnic will take place 9/10/2022.

Anyone wishing to be part of the planning committee, please add your name to the sign-up sheet on the board and join us at our first meeting 7/18.



The power of “nice”

Unit 196 Auxiliary

Foran High School made some beautiful ceramic poppies. President Mary-Ellen explained that the poppies represent death and consolation. After WW1 the soil was enriched with lime from the rubble left by the war. From the dirt and mud grew a beautiful red poppy. We will be displaying these at the Post.

Senior Vice Patty report that we exceeded our membership goal of 171 – we were at 106% of goal at our June meeting. Joyce Kozlowski was presented with the coveted Betty Shea award for service above and beyond. Well- deserved Joyce, thank you! We will start collecting back to school supplies so please keep an eye out for a box at the Post. Standdown is in September and the Auxiliary needs knitted caps, scarves, and mittens. If you need yarn or a basic knitting pattern, please contact Mary-Ellen (203) 258-5732. Last but not least, we hope to see everyone at the Famous Shipwreck Party on July 16. Tickets are available from the bartenders and fliers are posted.

Reminder that we don't meet during the summer for our regular meetings. They will commence in September.

God Bless America and our Legion Families.

Life, we know, is built on relationships, which are most effectively fostered by being nice. That means being friendly, soft-spoken when possible, helping others when you can because you care, not to buy acceptance. The best way to build relationships is to be kind and to show interest in and compassion for the people you work and interact with. Ultimately, that's how you build trust.

Also at the heart of 'being nice' are tact and diplomacy, being sensitive to the feelings and opinions of others. Tactful, diplomatic people are naturally able to sense what's really going on in the minds of others, and to respond with a certain delicacy of feeling that can smooth rough edges - even when you don't agree with someone.

Surely there's such a thing as being too nice? Yes, undoubtedly. But it's possible to find a middle ground. Nobody likes a wimp, but by being too direct when you disagree you can come across as aggressive and perhaps put people off.

Be a good listener

If you show other people that you are listening and that you understand their point of view, they will be more willing to listen to you and your opinion. Have solid boundaries about when to say, "No." Don't just say, *"I disagree"* - show people that you are listening and that you understand them before you offer your opinion.

People want to be somewhere they feel encouraged and supported, rather than entering an arena of confrontation. Allowing nice into your life can produce an environment that succeeds because everyone feels valued, one which nurtures your

talent base, encourages others to be involved and interested in our post, one that promotes commitment and even trust.

Now don't just take my word on how to be a nice person. Come on down to the post and look around – you'll see some of the finest, nicest folks I know.

Your Chaplain
Lou Eden

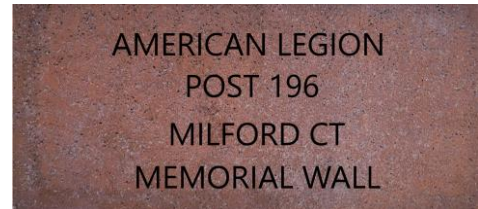
Valuable Links

Our Website	Milfordcivets.org
	Officers
	Veteran Solutions
	Events Calendar
Facebook	Legion Post 196
	Auxiliary
	Riders

Current Lounge Hours

		Food Times
Monday	2pm to 10pm	
Tuesday	2pm to 10pm	
Wednesday	2pm to 10pm	
Thursday	2pm to 10pm	
Friday	2pm to Midnight	4pm to 7pm
Saturday	11am to Midnight	12pm to 5pm
Sunday	11am to 10pm	12pm to 5pm

Our Memorial/Honor/Legacy Wall at the American Legion Post 196 to honor and celebrate our heroes and loved ones is growing strong. We are currently at 188 bricks!



Click on the brick to visit our website for more information on this program. A great present for a loved one.

Proceeds benefit local veterans programs.